

Herbivore Sanduiches

PREMIUM

ARTICHOKE 8.95

artichoke, homemade red pepper spread, sprouts, lettuce, tomato, cucumber, red onion

HUMMUS 8.95

homemade hummus, sprouts, lettuce, tomato, cucumber, red onion

LENTIL "MEATLESS" LOAF 8.95

homemade lentil spread, sprouts, lettuce,

tomato, cucumber, red onion

© EGGPLANT 8.95

eggplant, homemade red pepper spread, provolone, lettuce, tomato

QUINDA 8.95

homemade quinoa loaf, sprouts, lettuce, tomato, cucumber, red onion

SIGNATURE

CARROT SUPREME 7.75

shredded carrots, craisins, cream cheese, lettuce, cucumber

CHEESE MELT 7.75

grilled cheese, sprouts, lettuce, tomato, cucumber, red onion

TOFU DELIGHT 7.75

seasoned tofu, sprouts, lettuce, tomato, cucumber, red onion

OFELIA'S VEGGIE 7.75

carrots, cabbage, mayo, mustard, sprouts, lettuce, tomato, cucumber, red onion

GOOD EARTH 7.75 avocado, cream cheese, sprouts,

lettuce, tomato cucumber, red onion

PB&J + BANANA 4.75

HALF - 5.75

Omnivore Sanduiches

HALF - 4.95

PREMIUM

tuna salad, jack cheese, mayo, sprouts,

crab salad (immitation), jack cheese, mayo, sprouts, lettuce, tomato, cucumber, red onion

REUBEN 8.95

sauerkraut, homemade thousand island

B.L.A.T. 8.95

bacon, lettuce, avocado, tomato, mayo

MADE INTO A LETTUCE WRAP

ALL COLD SANDWICHES CAN BE

SIGNATURE 7.75

includes: mayo, lettuce, tomato, cucumber, red onion, sprouts

TURKEY TURKEY PASTRAMI ROAST BEEF BLACK FOREST HAM

> TURKEY + HAM SALAMI

TUNA SALAD TUNA EGG SALAD CRAB SALAD (IMMITATION) SEAFOOD SALAD EGG SALAD

CHICKEN SALAD

EXTRAS

CHEESE \$0.75 MUSTARDNO CHAR	STARU NO CHARG

850 HILLCREST AVENUE, LIVERMORE, CA 94550 TEL: 925.449.5162 REVISED: JANUARY 2020



= Toasted

Fruit Smoothies

SIDE SALAD 3.85

Salads

cabbage (green/red), carrots, sprouts, tomatoes, cucumbers, dressing on side

GARDEN 9.95

cabbage (green/red), carrots, sprouts,

tomatoes, cucumbers, avocado, choice of meat topping, slice of bread with butter and dressing on the side HOMEMADE POTATO SALAD 2.95

DRESSINGS: ranch* sun-dried tomato*

thousand island* italian

*homemade

garlic balsalmic vinaigrette* with blue cheese topping Homemade Soups

raspberry vinaigrette

most soups lactose-free, low salt, vegetarian CUP - 3.85

BOWL - 4.50

CHECK BLACKBOARD

FOR HOMEMADE SOUPS!

Jopurt

2 Frappes blended with real fruit and non-fat yogurt

SMOOTHIES 6.00 FRAPPES 6.00

COFFEE CHOCOLATE

GREEN TEA

COOKIES & CREAM

BROWNIES & CREAM

CHOCOLATE BANANA

CHOCOLATE RASPBERRY STRAWBERRY BANANA

BLACKBERRY BANANA

RASPBERRY BANANA

BLUEBERRY BANANA STRAWBERRY KIWI

MANGO

PINEAPPLE

TRIPLE BERRY PEACH MANGO

PINEAPPLE PB BANANA

Homemade Baked Goods

Sucets

6oz

SMALL

2.85

MINI

2.25

MEDIUM 3.75



2.50

3.95

12 oz

LARGE

VANILLA

Hot & Cold Beverages

HOT OR ICED COFFEE 2.50

HOT OR ICED TEA

APPLE CIDER FLOAT

HOT APPLE CIDER 2.50 COFFEE MOCHA 3.25 COOKIES 2.25

BROWNIE 2.25

MEGA MUFFINS 3.25 CINNABON 3.25



peanuts, fish, eggs, milk, soy and gluten

